

## WORKSHOP DESCRIPTION, DD RESIDENCY 2018

### ELLEN SÖDERHULT

#### Ballet-ing: a repertory workshop

*Workshop på engelsk / Workshop in English*

Inspired by the quote "the smallest unit of action is letting something affect you", Ballet-ing engages with ballet training, listening and choir singing as ways of participating, forming and being informed by a part of dance history. Temporary submission to written pieces of dance is proposed as a way of spending time with dance.

Approaching innovation as collective and ongoing, the workshop attempts to transform through recycling, to manifest other versions like a computer programmer using and developing open source code. Through the practice of dance class, we will approach dance history as both collective and individual, documented and embodied, lived and archived.

With a focus on different crafts in dance and choreography we will participate in "A Circle of Craft", an ongoing transformation through participation, considering crafts a form of heritage, to be studied and modified or left behind. It will include many big jumps and hold questions about discipline, as well as the relationship between dance and craft.

#### BIO

Ellen works with dance and choreography within contemporary dance, with a base in Stockholm. Since receiving her second BA from DOCH in 2015 she have made dance performances in collaboration with others such as OTHERBODIES, THIS IS GRAND, RUDY, Innanför Grindarna and How to do things with Romance: a prologue. In 2015 she, together with Eleanor Bauer and Alice Chauchat, initiated a platform for exchange- and production of knowledge within contemporary dance called Nobody's Dance. She has performed works by choreographers such as Simone Forti, Anna Efraimsson and Sandra Medina and Alexandra Pirici.

## LIST OF REFERENCES

*Why I Am Not a Maker – when tech culture only celebrates creation, it risks ignoring those who teach, criticize, and take care of others*  
by DEBBIE CHACHRA, 2015

Read article here:

<https://www.theatlantic.com/technology/archive/2015/01/why-i-am-not-a-maker/384767/>

### **Spotify playlists**

Training:

[https://open.spotify.com/user/kaffe%C3%A4rlivet/playlist/0Cr4a4pCG7b0LgGr06ltfD?si=66pstNT-TEiyt3eS0JoS\\_Q](https://open.spotify.com/user/kaffe%C3%A4rlivet/playlist/0Cr4a4pCG7b0LgGr06ltfD?si=66pstNT-TEiyt3eS0JoS_Q)

Showing:

<https://open.spotify.com/user/kaffe%C3%A4rlivet/playlist/7FOORQnQp4usuzDeO8PCbE?si=khPW19V7QZS3kJ9hjBB41Q>